

\$29.⁹⁵

D I N N E R

[T O S T A R T]

SWEET CORN BISQUE

Ontario corn pulp/ natural cultured yogurt/
grilled scallions + lemon

OR

BEEF CARPACCIO

striploin crudo/ pickled red onions + honey mushrooms/
baby celery cress/ Kozlik's triple crunch mustard/ Grana Padano

OR

LOCAL BEEFSTEAK TOMATOES
+ BUTTER LETTUCE SALAD

balsamic feta vinaigrette/ cucumbers/ smoked salt/ basil micro greens

[E N T R É E]

ONTARIO LAMB SHANK

braised in Bearded Lady Ale/ sautéed dinosaur kale/
fork crushed tatties/ parsley gremolata

OR

LAKE ERIE PICKEREL

grilled gem romaine/ creamed lentils/
malted vinegar gaufrette potatoes

OR

WILD MUSHROOM RAVIOLI

wild + tame mushroom filling/ pan roasted shaved asparagus/
truffle cauliflower sauce soubise/ aged Lindsay goat cheese

[D E S S E R T]

MAPLE BUTTER TART

Eby Manor Guernsey/ strawberry + rhubarb compote/
Hawkins honey snap

OR

OMG 2.0

peanut + pretzel crust/ chocolate pate/ chocolate ganache/
Luxardo cherry

OR

VANILLA BEAN PANNA COTTA

Eby Manor Guernsey/ strawberry + rhubarb compote/
Hawkins honey snap

LUNCH

\$19.⁹⁵

[TO START]

SWEET CORN BISQUE

Ontario corn pulp/ natural cultured yogurt/
grilled scallions + lemon

OR

BEEF CARPACCIO

striploin crudo/ pickled red onions + honey mushrooms/
baby celery cress/ Kozlik's triple crunch mustard/ Grana Padano

OR

LOCAL BEEFSTEAK TOMATOES + BUTTER LETTUCE SALAD

balsamic feta vinaigrette/ cucumbers/ smoked salt/ basil micro greens

[ENTRÉE]

LAKE ERIE PICKEREL PO BOY

buttermilk + five C's crusted/ house made egg bun/
coleslaw/ Proof's thrice cooked fries

OR

WILD MUSHROOM RAVIOLI

wild + tame mushroom filling/ pan roasted shaved asparagus/
truffle cauliflower sauce soubise/ aged Lindsay goat cheese

OR

GRILLED 6OZ NEW YORK STEAK

local organic greens/ heirloom cherry tomatoes/
Grand Bend purple potato salad/ Kozlik's triple crunch mustard

[NON-ALCOHOLIC]

crafted cocktails

CARMEN MIRANDA / 4.95

pear + mango nectar/ grapefruit/
pomegranate/ lime/ vanilla syrup

NAMASTE / 4.95

coconut water/ green tea/ elderflower cordial/
rose water/ heirloom carrot/ lotus root

MALDON GRAPEFRUIT / 4.95

salted soda/ grapefruit juice/
maple syrup/ fresh lemon juice

[PROOFIFICIOUS]

PLEASE ADVISE YOUR SERVER OF ANY ALLERGIES
OR DIETARY RESTRICTIONS PRIOR TO ORDERING.
PROOF IS NOT A NUT-FREE ESTABLISHMENT.

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