

BRUNCH

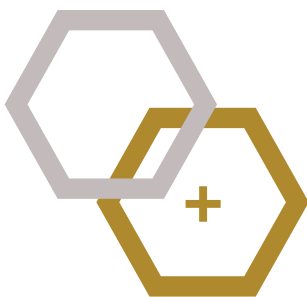
The Proof Benedict | 18.95 |
two poached eggs / toasted English muffin /
Canadian bacon / hollandaise / thyme
roasted potatoes

Avocado Eggs Benedict | 17.95 |
two poached eggs / toasted English muffin /
avocado smash / black bean + heirloom
tomato pico de gallo / hollandaise / thyme
roasted potatoes

Breakfast Burger | 19.95 |
Norwich County beef / smoked cheddar /
peameal bacon / poached egg / hollandaise /
house baked milk bun / choice of thrice cooked
frites or a side of Norfolk greens

Whole Lotta Love | 19.95 |
banana bread french toast / whipped peanut
butter / applewood smoked bacon / candied
pecans / banana maple syrup

Berry Breakfast Bowl | 15.95 |
Balkan yogurt / açai puree / pepitas /
raspberries / blueberries / sunflower seeds /
honey granola crunch / shaved coconut /
goji protein bar



- + bacon 2.95
- + back bacon 3.95
- + sausage 3.95
- + side egg 1.95

Woolwich County Omelette | 17.95 |
three farm eggs / brussel sprouts + goat
cheese + sweet potato / thyme roasted
potatoes / multi-grain toast

The Ultimate | 21.95 |
two poached eggs / buttermilk corn
waffle / dinosaur kale + onion sauté /
applewood smoked bacon / breakfast link
sausage / maple bourbon bbq sauce

Dreams of Montreal | 21.95 |
citrus tea cured Coho salmon / herring +
caper potato salad / soft boiled egg /
mini Montreal bagels

Shakshouka Eggs | 18.95 |
two poached eggs / Middle Eastern
spiced tomato + vegetable ragout / butter
leaf greens / grilled naan / cilantro

Ploughman's Platter | 20.95 |
soft boiled egg / locally cured
salumi assortment / Canadian cheeses /
house made pickles + relishes / Kozlik's
triple crunch mustard

Proof Chicken Club | 17.95 |
multi-grain croissant / grilled marinated
chicken breast / double smoked bacon /
melted brie / avocado smash

PROOF'S \$5 BRUNCH
CAESAR'S + MIMOSA'S

BRUNCH LIBRATIONS

BRUNCH SPARKLING EQUATIONS

| 7.95 / 4 oz. |

Choose an equation to top with sparkling wine

Galliano + Pear

Aperol + Cranberry

Ginger + Pineapple

Elderflower + White Cranberry

Cassis + Pomegranate

Peach Schnapps + Mango

NO PROOF COCKTAILS

| 5.95 |

Prooflicious

pink lemonade / Hubba Bubba syrup / soda

Aloe! Is it Me You're Looking for?

aloe vera juice / green tea syrup / orange blossom water tincture / lime juice + lemongrass / tonic

Wake Up

chilled espresso / chilled Starbucks coffee / almond milk / angostura bitters / maple syrup

Home Run

watermelon juice / lime juice / elderflower soda / watermelon radish

JACK N' GINGER

passion fruit juice / jack fruit syrup / lemon juice / ginger beer

COFFEE COCKTAILS

| 1.5 oz. |

Mine is Mint

| 7.95 |
chilled Starbucks coffee / Disaronno Original Amaretto / crème de menthe / almond milk

Irish Pick Up

| 9.95 |
chilled espresso / demerara sugar / Tullamore Dew Irish whiskey / topped with chilled Starbucks coffee

Bermuda Americano

| 8.95 |
espresso americano / Goslings rum / Tia Maria

The Grand

| 9.95 |
Starbucks coffee / Grand Marnier / Johnny Walker Red / whip cream

Whiskey Business

| 10.95 |
chilled espresso / chilled Starbucks coffee / Gibson's Bold 8YO Canadian whiskey / Avena / butterscotch liquor / chocolate bitters / shaved chocolate / Maldon sea salt

Q WATER IS OFFERED AT \$2.95 PER PERSON.

One dollar of which goes to the Great Lakes Challenge.

One of our efforts is the premium water that we offer. Rather than sell sparkling or spring water in a single-use glass or plastic bottle, we offer ♻️ water, which is Quadruple filtered tap water. ♻️ Still is beautifully flavourless and somewhat silky. ♻️ Sparkling is carbonated in house, delivering a gorgeous, robust effervescence.



Recommended by the Vancouver Aquarium as ocean-friendly