

mini meals

FOR KIDS UNDER 12

LITTLE BITES

Harvest Soup 5

chef inspired / farm driven

Green Salad 5

tomato / cucumber / carrot / lettuce

Caesar Salad 5

bacon / parmesan cheese / cranberry croutons

Crunchy Veggies 3

carrots / cucumber / dip

JR EQUATIONS

All children's entrées come with a choice of milk, pop or juice and a Chapman's ice cream sandwich or homemade chocolate chip cookie.

Cheeseburger + Fries 9.95

Norwich county beef / cheddar cheese / tomato / pickle / ketchup / homemade bun

Chicken Fingers + Fries 9.95

breaded chicken fingers / plum sauce / ketchup

Pomodoro Pasta 8.95

tomato sauce / parmesan cheese

Mac + Cheese 8.95

cheese sauce / parmesan cheese

Salmon + Rice 10.95

4 oz. grilled salmon / chef's veg / jasmine rice

Steak Frites 10.95

4 oz. grilled steak / chef's veggies / fries

Chicken + Potatoes 10.95

4 oz. grilled chicken breast / chef's veggies / roasted potatoes

MINI ME BREAKFAST

Served until 10am

Canadian Kids Classic

2 eggs scrambled / bacon / home fries / toast

Pint Sized French Toast Sticks

whipped cream / seasonal berries / maple syrup dip

Please advise your server of any allergies or dietary restrictions prior to ordering. Proof is not a nut free establishment. Ask your server how to make your meal gluten free, vegetarian or vegan.



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ORDER TO COMPLETE THE PICTURE

proof 
KITCHEN / LOUNGE