FISH + CHIPS / 19.95

line caught Ocean Wise Lake Erie pickerel/
Barrel Proof batter/ coleslaw/ house tarter/ crispy capers/
hand cut frites

[BURGERS

THE PROOF SIGNATURE / 15.95

Thornloe old white cheddar/ Stemmler's smoked bacon/ roasted garlic aiol

THE COOPERAGE / 17.95

beef cheek/ bourbon bbq sauce/ Thornloe smoked cheddars

THE VEGETARIAN / 15.95

lentil + bean patty/ wild + tame mushroom ragout/ tomato onion jam/ almond crunch/ Woolwich goat cheese brûlée

burgers and sandwiches are served with your choice of thrice cooked Maldon salt + lemon thyme frites or a side of Proof greens.

THE CLUB / 14.95

avocado/ brie/ smoked bacon/ cranberry compote/ cinnamon orange sage brined turkey/ sage aioli/ house baked cranberry focaccia

THE REUBEN / 15.95

Jen's house-baked porter rye/ house cured smoked brisket/ Gruyère cheese/ sauerkraut/ Russian aioli

[PREMIUM COFFEE]

served with Proof caramel

ESPRESSO / 3.95

DOUBLE ESPRESSO / 4.75

LATTE / 4.75

CAPPUCCINO / 4.75

HOT CHOCOLATE / 3.95

with whip cream

STARBUCKS BREWED COFFEE / 2.95
TAZO TEA SELECTIONS / 2.95
SELECTION OF JUICES / 3.95

FEATURED MENU

BANOFFEE PANCAKES / 13.95

Caramelized bananas/ pecans/ vanilla whipped cream/

SMOKED BRISKET HASH / 19.95

house smoked pastrami brisket / bourbon BBQ sauce / caramelized onion potato rosti / mushrooms/ soft poached eggs/ hollandaise sauce

BREAKFAST BURGER / 17.95

smoked cheddar/peameal bacon/poached egg/hollandaise sauce Served on a pretzel bun with lettuce, tomato, red onion and Strub's pickles with your choice of thrice cooked Maldon salt + lemon thyme frites or a side of Proof greens.

NEW BRUNSWICK SALMON

+ POACHED EGGS ON TOAST / 19.95

Carpaccio spiced grilled salmon / dark rye toast/ poached eggs / fennel salad/hollandaise sauce

HANGOVER HELPER / 14.95

baleada with black bean +Lindsey goat cheddar / chorizo sausage / sunny style eggs / sour cream/ pickled tomatoes / cholula

WAKE UP + GO / 13.95

Eby Manor paneer / curried egg scramble /bean kofta / tamarind glaze / toasted almonds / minted melon salad

HEARTY BREAKFAST]

THE DW / 13.95

2 eggs any style/ choice of bacon/ sausage/ peameal bacon/ thyme roasted potatoes/ toast

THE BENEDICT / 13.95

2 poached eggs/ toasted english muffin/ Canadian bacon/hollandaise/ thyme roasted potatoes

STEAK AND EGGS / 17.95

grilled 4 oz. sirloin/ 2 eggs any style/ thyme roasted potatoes/ toast

THE FRENCH CONNECTION / 14.95

braised beef cheek/ Thornloe aged white cheddar/

maple mascarpone/ bacon pecan brittle

BARRELYARDS BURRITO / 13.95

3 eggs scrambled, avocado smash/ red peppers/ salsa fresca/ cheddar/ sour cream/ thyme roasted potatoes

FRESH SEASONAL FRUIT BOWL / 3.95 GREEK YOGURT + FRUIT / 3.95 SELECTION OF CEREALS + MILK / 3.95