

BREAKFAST CAFÉ

The right way to start your day!

proof 
KITCHEN / LOUNGE

GRAB N' GO


Greek Yogurt + Berry Parfait	4.95
Honey granola / berry compote / plain Greek yogurt	
Overnight Chia + Oats	4.95
Organic rolled oats / chia seeds / local Guernsey milk + honey	
Overnight PB + J Oats	4.95
Organic rolled oats / chia seeds local Guernsey milk / strawberry preserve / natural peanut butter	

PRESSED SANDWICHES

Classic Egg + Bacon	13.95
Bistro style potato roll / free run egg patty / double smoked bacon / local cheese curds / house made tomato jam	
Egg + Sausage 🌱	13.95
Soft pretzel roll / vegan egg patty / beyond meat sausage / Euro spicy vegetable spread	

All sandwiches come with Proof signature seasoned potato cubes + fruit cup.

BIG PLATES

Get My Oats 	14.95
Stewed old fashion oats / dark chocolate + granola crumble / mixed berry compote	
Bacon Benny	19.95
Two poached hen eggs / double smoked bacon / buttery biscuit / fresh sliced fruit / signature seasoned potato cubes / classic hollandaise	
Florentine Benedict	18.95
Two poached hen eggs / white cheddar creamed spinach / buttery biscuit / fresh sliced fruit / signature seasoned potato cubes / classic hollandaise	

Your Preferred Breakfast	13.95
Two hen eggs / farmers sausage or double smoked bacon / signature seasoned potato cubes / sourdough or multigrain / house preserve	
Belgian Waffles	15.95
Two fluffy + delicious / Elmira maple syrup / fresh whipped cream / mixed berries	

HOT + COLD DRINKS

COFFEE BAR

Starbucks Pike Place Coffee	3.25
Tazo Tea	2.95
Chai / mint / chamomile / earl grey / english breakfast / green zen	

BOTTLE DRINKS

Naked Smoothies	450ML	6.95
<i>Ask your server for today's selection</i>		
Starbucks Frappuccino	405ML	5.95
Caramel / mocha		
Tropicana Orange Juice	355ML	3.95
Kiju Organic Lemonade	355ML	3.95
Sapsucker Local Sparkling Water	355ML	3.50
Lime / lemon		

Don't forget your
FRESHLY BAKED
PASTRIES + MUFFINS
| 2.95 |

Mon - Sun 7:00 - 10:00 AM

 Vegetarian

 Vegan

Please advise your server of any allergies or dietary restrictions prior to ordering. Proof is not a nut-free establishment. Ask your server how to make your meal gluten-free, vegetarian or vegan.